

GCU ELAN

PROUD PARENTS FELICITATED IN GCU GRAND PARADE FOR POSTGRADUATES



25 November 2022, Bengaluru: Garden City University celebrated the yearly Grand Parade to honour the parents of the achievers of the various disciplines of the current final year postgraduate students on 25 November 2022 at the Garden City University Campus. The event was organised to celebrate the hard work

put in by the students as well as the efforts of parents for being the backbone of their wards and for guiding them through, towards the path of success. As a part of the event, a flag drill was conducted as a symbol of character, comradeship, discipline, leadership, secular outlook and to maintain the spirit of

adventure amongst the budding youths of Garden City University. As customary to the tradition of the Grand Parade, the parents were felicitated in a colourful ceremony for their role in the success of their ward. The gathering was addressed by Lt. General Ramesh Halgali, CEO, Garden City University and the vote of thanks was

delivered by Prof. G.R. Naik, Vice Chancellor, Garden City University.

The event was also graced by Pro-Vice Chancellor Dr. Vandana Hegde, Registrar of Garden City University Dr. Sibi Shaji, along with the faculty members of Garden City University and junior Gardenians.



YOGA FOR HEALTH



23 November 2022, Bengaluru: Various styles of yoga combining physical postures, breathing techniques, and meditation or relaxation were practised by the BPT-III semester students as part of

Foundation of Exercise therapy course on 23 November 2022. Yoga improves strength, balance, and flexibility. It helps lower stress hormones that compromise the immune system while also

conditioning the lungs and respiratory tract, stimulating the lymphatic system to oust toxins from the body, and bringing oxygenated blood to the various organs to ensure their optimal function.

MIXOLOGY WORKSHOP



22 November 2022, Bengaluru: The Department of Hospitality Management & Catering Technology organized a Mixology Workshop in the Garden City University auditorium on Tuesday, 22 November 2022. The

workshop was conducted in association with the beverage company Monin as the session enlightened students on the art of mixology and gave them hands-on experience into the world of bartending and mixology.



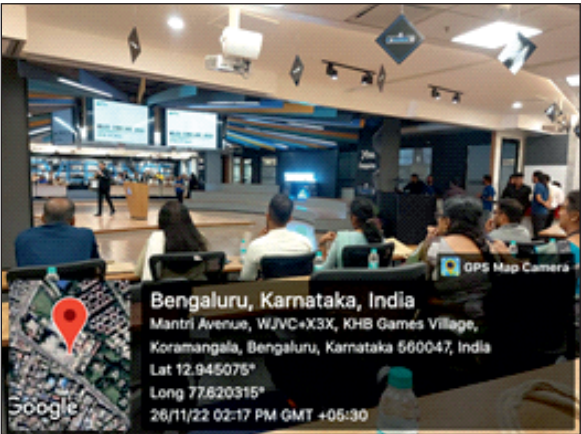
WORKSHOP ON HONEY COLLECTION



23 November 2022 , Bengaluru: The Department of Forensic Science organized a workshop on Honey Collection in the Garden City University campus on Wednesday, 23 November 2022. The workshop session was conducted by Dr.

Bhargava H R, Associate Professor, Department of Forensic Science, Garden City University. The students from III BSFS participated in the session which informed them about the various aspects of beekeeping and honey collection.

MILES CONCLAVE 2022



16 November 2022, Bengaluru: Representatives from the Department of Commerce and Management attended the Miles Conclave 2022 held on 26 November, 2022 at Miles Stadium, Koramangala. Dr. Niviya Baby Feston, Associate Professor and Mr. Vinumon,

Assistant professor, Department of Management, represented Garden City University in the conclave. The event focussed on integrating skills within B.Com/BBA curriculum and ensuring industry readiness for students as they graduate. The team interacted with

industry leaders, technocrats, young innovators, investors, R&D professionals, academia, and policymakers to understand the various approaches towards business and management education.

NSS ACTIVITY



24 November 2022, Bengaluru: The Department of Fashion and Apparel Design conducted an NSS Activity at Maranayakanahalli Village, Chikkajala, Yelahanka Taluk

on Thursday, 24 November 2022. As a part of the NSS programme by GCU, the students of the Department of Fashion and Apparel Design organized

sessions and workshops on artwork, embroidery, ribbon work and accessories for the children who attended the programme.

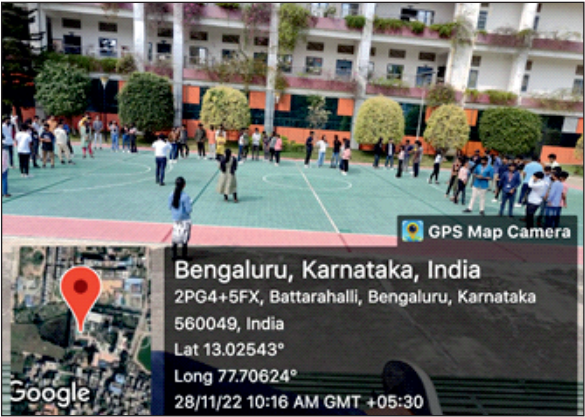
STUDENT START-UP BUSINESS SIMULATION



25 November 2022, Bengaluru: The Start-up founder of First-Rate Freelance Academy and the Student of BBA in Aviation from the School of Commerce and Management, Mr. S. Mohammed Musharaf, delivered a hands-on workshop titled "First-Rate Freelance," exclusively for GCU students. The workshop provided an

opportunity for the participants to know their known and unknown skills/ hobbies and explore such talents to create value and to make money via online or offline platforms. The start-up founder ascertained the proof of concept of the proposed business, and the participants gained various opportunities to engage in Freelance work.

SESSION ON MANAGEMENT OF COMMUNICATION AND COORDINATION



28 November 2022, Bengaluru: The students of Department of Commerce and Management of Garden City University participated in a training session on management of communication and coordination on 28

November 2022. As a part of the academic activity, teams were formed and communication based activities were given where they were encouraged to communicate effectively and co-ordinate among themselves to finish the

given tasks successfully. The purpose of the session was to make the students interact with other team members so that they can overcome the challenge of effective communication with others.

VISIT TO KARNATAKA STATE DISASTER MONITORING CENTRE

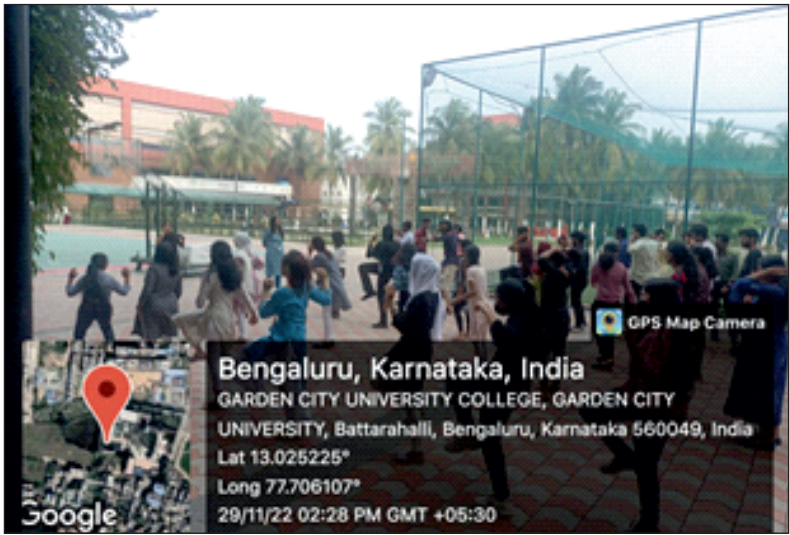


29 November 2022 , Bengaluru: An industrial visit was organized for the students of the Department of Computer Science at theKarnataka

State Disaster Monitoring Centre, Bengaluru on Tuesday, 29 November 2022. The third semester BSDC and MSIT students visited the institute to

understand the concepts of Deep Learning through sensor data analysis and its application in real world scenarios such as disaster monitoring.

FIT AND RUN



29 November 2022, Bengaluru: The Department of Physiotherapy of Garden City University organized 'Fit and Run', a training session on Zumba in the GCU campus on 29 November 2022. Zumba, an exercise programme that uses music and dance steps helps to build endurance and flexibility. It is intended as a total-body

cardio and aerobic workout, which provides a large calorie consumption. It targets lots of different muscle groups at once for total body toning and boosts heart health.Zumba provides both physical and psychological benefits. Studies show that moderate-intensity dance is linked to better cardiovascular health and cognitive benefits.

PUBLISHER

Garden City University Publication

PATRON IN CHIEF

Dr. Joseph V G
Chancellor,
Garden City University

EDITORIAL BOARD PATRONS

Prof. Dr. G R Naik
Vice Chancellor, GCU

Dr. Vandana Hegde
Pro Vice Chancellor, GCU

Mr. Christo Joseph
Director, Strategy and Planning, GCU

Dr. Sibi Shaji
Registrar, GCU

Dr. Sheeja M S
Controller of Examinations, GCU

STAFF EDITORIAL BOARD

Prof. Anuroopa D
Prof. Abhishek B S
Prof. Kaushik P Kanchan
Mr. Sayed Vaseem Akram

CONTRIBUTING AUTHORS

Dr. Shruti Awasthi
Dr. Anuja Manohar
Dr. Niviya Baby Feston
Dr. Swetha Parivara
Dr. Sudhagar D P
Prof. Joemon K J
Dr. Anjali Suresh
Prof. Reeja Jose
Prof. Abhishek B S