

## **Academic Departments Extension Activities- Focus Areas**

### **SCHOOL OF HEALTH SCIENCES, DEPARTMENT OF PHYSIOTHERAPY**

- ❖ Physiotherapy Consultation
- ❖ Ergonomic Assessment
- ❖ Sports performance Evaluation
- ❖ Sports performance Enhancement
- ❖ Health Talks
- ❖ Fitness Assessment
- ❖ Fitness Consultation
- ❖ Health Blogs
- ❖ Community Health Awareness
- ❖ Yoga